

# DARTS Journal

Summer 2001

## Family Caregivers Count On DARTS for Information and Help

As the senior population grows, more and more family caregivers are seeking support in understanding and managing the needs of their family member. DARTS continues to be a valued resource in this area. DARTS provides caregiver support groups, education sessions, volunteer respite care, information and assistance, and care management to more than 1,000 seniors and their families annually. In addition, DARTS maintains a “lending library” of caregiver resources and publishes a quarterly newsletter for caregivers called *Keeping In Touch*. But there’s always more to be done.

### Did you know that:

- Family caregivers provide the vast majority of care needed by the frail elderly.
- Women are the primary caregivers for the frail elderly.
- Minnesota has one of the highest labor force participation rates for women in the country (67.7 percent).
- Working women are seeking more support to help them care for frail relatives.

A new federally funded program – the National Family Caregiver Support Program – was passed in February to help the more than 7 million family members caring for spouses, parents, children, and other loved ones. When the Older American’s Act was reauthorized, it included \$113 million in state grants for caregiver services.

The possibility of some additional money to support family caregivers is exciting, but DARTS isn’t simply waiting for that to happen. In addition to ongoing services for caregivers of seniors, DARTS now has an interactive web site that caregivers can use to address their particular interests and needs.

Using the slogan “information and help that caregivers of seniors can trust,” [www.caregiverMN.org](http://www.caregiverMN.org) is a multifaceted, easy-to-use site that features:

- Care Pages on topics critical to caregivers
- Confidential assistance from an online advisor
- Descriptions of publications and other resources
- Links to other valuable web sites
- Bulletin board for caregiver sharing and support



The CaregiverMN web site, made possible by a United Way technology grant, enhances and extends DARTS’ caregiver support services. The site brings DARTS’ aging and senior services expertise to caregivers and connects them with one another, no matter where they live or work.

Another new initiative will occur this fall when DARTS hosts a caregiving event for families. Called **Caregiving as a Family: All for One and One for All**, this interactive forum will be held September 20 from 7:00 to 9:00 PM at St. Thomas Becket Church, 4455 South Robert Trail, Eagan. Families can hear ideas on how to work together to manage challenges and share rewards. A family therapist with many years of personal caregiving experience will provide some advice on creating a family team and communicating with your family. Questions she may address include:

- How can I get other family members involved?
- Why does my family act this way?
- Why is my brother bringing up that old stuff?
- Have we forgotten to share the rewards of this experience?
- I can handle my mother, but how do I deal with my bossy sister?
- How do I build on my family’s strengths?

This event is free and open to the public. Mark September 20 on your calendar.

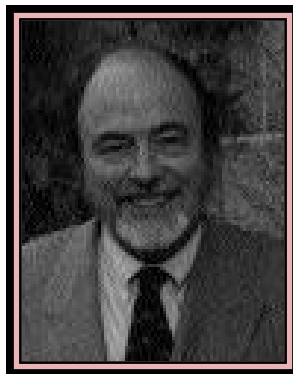
This and other caregiver support initiatives illustrate DARTS’ ongoing commitment to pioneer services that meet the changing needs of seniors and their families.

**DARTS web sites:**  
[www.darts1.org](http://www.darts1.org)  
[www.caregiverMN.org](http://www.caregiverMN.org)

<b>INSIDE ▼</b>	
Some Reflections	2
Volunteer News	3
Transit Jottings	4
For Your Information	5
Memorials	6

# Some Reflections... The Changing Face of DARTS

By Dick Graham, President



"The only thing you can count on for certain is change" is just one of many old bromides that capture the joys and curses of everyday life. A trip downtown or to the grocery store is a reminder that nothing is the same today as it was last year or perhaps last week. Speed, productivity, competition, and efficiency are by words that create expectations – even for community-based organizations like DARTS. Challenges faced by any business are likely as big or bigger for a nonprofit; for instance:

- Attracting and retaining good employees
- Making strategic investments in technology
- Paying for day-to-day necessities like heat and electricity

With the special privilege of being a nonprofit comes the responsibility of providing services that ensure a better community. Another privilege is receiving tax-deductible donations from those who believe good work in the community should

be supported. For those of you who have watched DARTS grow and change in its 27 years, you've surely noticed a lot of activity of late. We are in the midst of a very successful capital campaign, having raised near \$6 million towards the \$7.15 million goal. This campaign makes it possible for DARTS to build and maintain outstanding facilities and to invest in technology and staff, thereby ensuring DARTS can continue to be here and respond to the community's needs. All those who have helped us take the many steps to meet our campaign goal deserve a big thank-you! In being a part of DARTS' success, they are helping us move into the 21st century.

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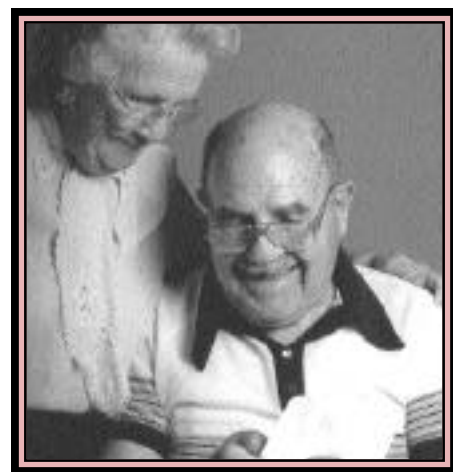
We at DARTS are surrounded with change, but our core values stay the same. We're here to provide the highest quality service in the most personal and professional way possible. All of what we do must come back to this purpose, whether it be a decision about securing new technologies or improving work spaces or promoting senior volunteer initiatives. No matter how much DARTS has to change, services must always be familiar and close to home for those who count on us to "be there" whenever and however they need us.

## The Griffins' Spirit Lives On

By Dick Graham

It's a gift that some people, no matter where they go, leave a place better than they found it. Such is the story of Gretchen and Ed Griffin. They were two of the founding "fathers and mothers" of DARTS. Ed and Gretchen got involved in the early 70's when Inver Hills Community College was considering whether they should sponsor this new "meeting needs, serving seniors" program.

If we listed all the activities they participated in at DARTS, it would fill a page. In the first days of DARTS, Ed and Gretchen set the tone for what we would become. "Be ready to help because some day you may need a little help" was how the Griffins lived. They were original DARTS volunteers – their peer counseling involvement helped us launch our community services area, and they spearheaded DARTS mailing projects with their Inver Grove Heights Senior Club. What they began has multiplied ten-fold. Today there are more than 1,000 DARTS volunteers and thousands more seniors and families who have asked DARTS for a little help.



Ed died in January 1998 and Gretchen in December 2000. DARTS will be forever grateful to have known Ed and Gretchen. It's our good fortune that we could help them and their seven daughters when they needed us. It's everyone's good fortune to have received their kindness and goodness many times over. The spirit of Ed and Gretchen is the magic of DARTS – some days a little help is given and other days a little help is needed. DARTS is here for both.

### The DARTS Journal

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[www.darts1.org](http://www.darts1.org)  
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2001 is the International Year of the Volunteer. DARTS volunteers are being honored in various ways throughout the year, including profiles in the *Connecting Volunteers* newsletter and on the DARTS web site at [www.darts1.org](http://www.darts1.org). Here we profile a DARTS bus escort.

## ***This Walker Takes a Bus Now and Then***

*Most people in Dakota County have at some point seen a DARTS bus on the road. And most know that many of the riders are seniors. But few likely know about senior volunteer escorts who ride the bus.*



*What does a DARTS bus escort do? Volunteers like Delores, who prefers being called "Hap," accompany senior bus riders to doctors' appointments and shopping. As Hap says, "I put the person at ease and put a smile on their face."*

*Volunteering is a big part of Hap's life. Besides her volunteer work at DARTS the last 2 years, she also keeps residents in her senior building active by helping plan events and encouraging daily walking. As far as she's concerned, being active extends your life and keeps you healthy. In fact, Hap puts in an average of 12 miles a week by walking everywhere she can in West St. Paul. At*

*73, being independent and healthy are staples in how she lives her life.*

*When listing the rewards of volunteering, Hap would include: assisting others and making them feel comfortable; staying active; and being a role model for finding fitness through walking and fulfillment through volunteering.*

*Some day Hap might need the DARTS bus service, but only when she can no longer "keep those boots walking."*

## **New Volunteers Join the DARTS Team**

DARTS has welcomed 103 new volunteers so far this year. Here's what they will be doing:

- 9 Reading Buddies
- 10 Pen Pals
- 44 Court-referred and community service youth
- 20 Visitors
- 10 Grocery shoppers
- 3 Independent Living Program assistants
- 1 Peer counselor (Chemical Dependency program)
- 6 Respite volunteers for caregivers

*Many thanks to all our volunteers – we couldn't do what we do without you!*

## **Helping Seniors with Nutrition**

Since receiving a grant from Blue Cross Blue Shield to provide activities that positively affect the wellness of seniors in Dakota County, DARTS has had a nutritional assessment and intervention plan in motion. To date, DARTS service coordinators have assessed the nutritional status of more than 200 seniors to help identify eating habits and lifestyles that could be improved and to evaluate the level of intervention needed. Of these seniors, 37 percent were assessed as having good nutrition, 38 percent were deemed to have moderate nutritional risk, and 25 percent were considered at high nutritional risk. DARTS plans to re-assess the nutritional strengths, weaknesses, and risk factors after six months.

Seniors determined to be "at risk" are given information on good nutrition, the safe handling of foods, and ways to achieve both. Service coordinators and direct service staff try to assist this group in particular toward improving their eating habits and lifestyle.

The grant also allows DARTS to enhance our homemaking and grocery shopping services to better meet the needs of seniors who show signs of, or at risk for, poor nutrition or malnutrition. Many staff and volunteers have been trained in the basic concepts of good nutrition and the risk factors for seniors, and DARTS homemakers are available to assist frail elders with food preparation.

## **On-Line Resource: Twin Cities Caregiver Events**

Eldercare Partners, a collaboration of six nonprofit organizations (including DARTS), now has on-line information about caregiver education, training, and support events across the Twin Cities metropolitan area. All DARTS-sponsored caregiver programs in Dakota County will be listed, but this resource will also help you find sessions in other counties that may be of interest. To see this information simply go to [www.eldercarepartners.org](http://www.eldercarepartners.org) and click on the link to caregiver events from the homepage. If you don't have access to the Internet, call Vicky at DARTS, 651-455-1560, and she can help you find events of interest.

# DARTS

Growing Leading Serving

## Capital Campaign

Recent DARTS mailings have focused on the \$7.15 million capital campaign announced in October, 2000. Supporters have been both creative and generous in their response. DARTS staff planned their own campaign fundraising activities, including a holiday bazaar and auction and a wellness/fitness challenge in cooperation with the West St. Paul YMCA. The "Pounds for Dollars" fundraiser launched January 15, with interested DARTS staff receiving a free 3-month membership at the South Family YMCA. Staff had 3 months to shed pounds or inches, feel healthier, and collect pledges for the capital campaign. Here's the story of one staffer.

Marlene Marcellus, DARTS Transportation, had a great incentive – her son was getting married late April, and she wanted to look good.



The fundraiser helped put her plan in action. Not only was Marlene accountable to the YMCA's scale, but she also raised \$212 in pledges from friends, staff, and relatives. Marlene lost 16 pounds and, as the photo shows, made a great-looking mother of the groom. Congratulations Marlene!

As of May 31, DARTS has raised \$5,372,000 toward the \$7.15 million goal. The Kresge Foundation has pledged to make available the final \$500,000 if the remaining \$1,278,000 is raised by March, 2002. If you'd like to contribute to the campaign or want to learn about deferred gift options, contact DARTS at 651-455-1560.

## Transit Jottings

• **Driver Training Program.** In March, DARTS launched a new professional transportation education program. For many years, DARTS has trained its new drivers to meet all of the state-mandated requirements for Specialized Transportation Drivers. DARTS has now formalized this training and is offering the same high-quality professional training to other transportation providers throughout the Twin Cities. Since startup in March, DARTS staff has trained drivers from five different organizations.

### DARTS

### Recent Offerings

#### Driver Safety Training Classes At A Glance

<b>1</b>	<b>Passenger Assistance I • Disability Awareness and Assistance Techniques</b>	Tues. March 20	Thurs. May 24	
Class dates:		Sat. April 21	Sat. June 23	All class times: 8:30 AM - 12:30 PM
<b>2</b>	<b>Passenger Assistance II • Wheelchair Handling</b>	Tues. March 20	Thurs. May 24	
Class dates:		Sat. April 21	Sat. June 23	All class times: 1:00 PM - 5:00 PM
<b>3</b>	<b>Defensive Driving</b>	Wed. March 21	Tues. May 22	
Class dates:		Wed. April 18	Wed. June 20	All class times: 8:30 AM - 12:30 PM
<b>4</b>	<b>First Aid for Drivers</b>	Wed. March 21	Tues. May 22	
Class dates:		Wed. April 18	Wed. June 20	All class times: 1:00 PM - 5:00 PM
<b>5</b>	<b>Abuse Prevention</b>	Thurs. March 22	Wed. May 23	Class times: 1:00 PM - 5:00 PM
Class dates:		Thurs. April 19	Thurs. June 21	Class times: 5:00 PM - 9:00 PM
<b>6</b>	<b>Blood-Borne Pathogens</b>	Wed. May 23 - 10:30 AM - 12:30 PM	Thurs. June 21 - 2:30 PM - 4:30 PM	
<b>7</b>	<b>Emergency Management for Drivers</b>	Special trial class – Tues. June 19 - 12:30 PM - 4:30 PM		



• **New Driver Trainer.** Bill Panek is the new driver trainer at DARTS. He has been a driver with DARTS the past year. In his new position, Bill is responsible for coordinating and conducting training for new drivers and classroom training needed to recertify existing drivers. Bill joined the training team in March.

• **Trip Statistics.** DARTS provided over 146,000 trips in 2000, and year to date we are averaging 11.7 percent more trips than last year.

• **Mobile Communication Tool.** Smart DARTS Phase III has been approved for funding. This will provide mobile data terminals in the DARTS buses to help drivers communicate with dispatchers. Dakota County has also supported the project with added funding to help facilitate connections with Minnesota Valley Transit and Metro Mobility buses using the new technologies. The project should be underway by year end.

• **New Full-Time Mechanic.** DARTS has hired a third full-time mechanic to help maintain the 35 DARTS buses and do repairs on vehicles of other nonprofits that have transit services. The added work is done at a small profit to DARTS to help support operating costs of the new Transportation and Technology Center.

• **Used Wheelchairs Needed.** DARTS Transportation needs used wheelchairs in good condition for use in the driver training programs. Contact Marlene at 651-234-2255 to make arrangements.

• **Those Old-Timers!** Did you know that three DARTS drivers are celebrating 20 years of service this year? Steve Alberts, Christine Hoadley, and Bryan Chinander are all excellent drivers who have driven a combined total of 1,800,000 accident-free miles.

## Education and support programs for caregivers

If you're a caregiver for a frail or disabled senior, set aside some time to attend an educational program that can help with the many challenges you face each day. Over the summer, three programs will be held at the Inver Grove Good Samaritan Health Care Center, 1301 East 50th St. in Inver Grove Heights:

- **Understanding Memory Loss** helps you cope with the symptoms of dementia and communicate with someone experiencing memory loss. Tuesday, July 24, 7:00 to 9:00 PM
- **Advice on Eldercare Legal and Financial Issues** covers financial and legal issues that affect seniors. Tuesday, July 31, 7:00 to 9:00 PM
- **Choices for a Sandwich Generation: A Hero or a Sub?** discusses how to help your parents in their later years. Tuesday, August 7, 7:00 to 9:00 PM

A donation of \$10 per session, payable at the door, is requested to cover material costs.

## Caring for an Aging Loved One series

From September 5 to October 3, this education and support series will be held on five consecutive Wednesdays at St. Thomas Becket Church, 4455 South Robert Trail, Eagan. Sessions will run from 7:00 to 9:00 PM:

- **The Caregiving Journey** (September 5)
- **Understanding Memory Loss** (September 12)
- **Frustration, Guilt...and Rewards?** (September 19)
- **Legal and Financial Issues for Seniors** (September 26)
- **Community Resources for Caregivers** (October 3)

A one-time fee of \$10 will be charged for materials (whether you attend one or all sessions).

## Dealing with Depression

If you want some specifics about how depression affects older people and how you can help yourself or others, check out this two-session program. It will be held October 9 and 16 from 3:00 to 5:00 PM at Orchard Square Apartments, 7375 157th Street, Apple Valley. Topics will include:

- **How to recognize depression**
- **Caring for yourself while helping someone with depression**
- **How to prevent and take control of depression**

A one-time donation of \$10, payable at the door, is requested to cover material costs.

DARTS may be able to arrange for a volunteer to stay with your family member while you attend a program. Call Vicky, 651/455-1560, for information or to receive a brochure on all education and support programs for the remainder of 2001. See [www.darts1.org](http://www.darts1.org) for more information about how we help caregivers and their families and check out our web site for caregivers at [www.caregiverMN.org](http://www.caregiverMN.org).

## Annual meeting highlights

- The annual meeting was held in May at the St. Paul Foundation. DARTS proudly presented an audit report showing that 90.1 percent of revenues go toward direct services and capital improvements – only 9.9 percent is used for administrative and fundraising expenses.
- Charlotte Shover was elected to the Board of Directors for a 3-year term. Charlotte hales from Ohio and now lives in Burnsville with her husband, Dick. She has three children, five grandchildren, and a sixth on the way. Charlotte has worked as an educator in ISD #191, been a planner with the Department of Education, was the coordinator for environmental education

in Dakota County, and is a past member of the Burnsville City Council.

- Retiring board member Alice Harrison was recognized at the meeting.
- Paul Verret accepted the Friend of DARTS Award on behalf of the St. Paul Foundation.

## Mark your mark at DARTS

If you enjoy helping others, like to spend time with seniors, and want to work with people who make a difference in the community, consider working at DARTS. Typical positions include drivers, homemakers, administrative support, and professional. Whether you're a college student, a retiree, or someone simply looking for a rewarding job, start your search at DARTS. Call Cathleen in Human Resources, 651/455-1560, for more information or see [www.darts1.org](http://www.darts1.org) for an online application form.



## Reading Buddies Volunteers Needed!

Due to the overwhelming popularity of the Reading Buddies program, twice as many schools will be involved in the program this fall. We need your help! Think about becoming a Reading Buddies volunteer or referring a friend to the program for the 2001-2002 school year.

Please contact Jason at (651) 455-1560 to reserve your place. As a Reading Buddies volunteer, you will have a powerful impact on the children of your community and help improve their literacy.

# Memorials and Special Gifts to DARTS - July 1, 2000 to May 18, 2001

(Person being memorialized is shown in bold)

**Ella Albu**

John Albu

**Dale Andreasen**

Helen Andreasen

**Bart Andrews**

Marie Andrews

**Ruth Barrett**

Robert and Virginia Strauch

**Ann Barsul**

Barbara Barsul

**Charles Beckwith**

Eagle Ridge Place Tenants Assn.

**Dena Bekius**

Sylvia Hoekstra

Bertha E. Ojanpera

**Lyder S. Berg**

Mary Susan Berg (The Estate of Lyder S. Berg)

**Edward Bernier**

Elizabeth Bernier

**Hal Birkland**

Arthur and Cheryl Todd

**Bela Bisenz**

Ruth Keely

**Hazella Blackbird**

Shirley Blackbird Pepin

**William Blosssey**

Earl and Karen Krueger

**Thomas Boemer**

Lorraine E. Boehmer

**Evelyn Bogard**

Westwood Ridge Hearts & Flowers

**Ken Boyden**

George and Sue Weber

**James Bragg**

Janet Lekson

**Bernice Braun**

Arthur and Cheryl Todd

**Bessie Brennan**

Celeste Dinger

**Mable Bringgold**

Joyce L. Goodell

**Harold Buettner**

Earl and Karen Krueger

**Ralph Burbach**

Lorna Milligan

**Arthur Burns**

Pat Burns

**Roger Cammack**

Tom and Betty Garrett

**Shirley Cashman**

P-B and Caron Gunnerud  
Robert and Sylvia Scheerer

**Marion Cederberg**

Steve and Shirley Maytan

**Edward B. Chapin**

Walter L. Mayo

**Velva Christian**

Elsie E. Bohrer  
Sadie Gregory  
Richard and Bev Lachenmayer  
Robert and Sandra Latvalla  
Eileen Muelken  
Jessie LeGrand Oliver  
Michael and Nancy Schwartzbauer  
Roger and Audrey Schwartzbauer  
Joan Uselmann

**Jackie Clark**

Lenore T. Hartmann

**Don Corcoran**

Royal and Dorothy Bruce

**Peggy Corniea**

Fred and Bernice Glassing

**Loren Dahn**

Bertha E. Ojanpera

**Jerry Day**

Jessie LeGrand Oliver

**Nelson Donald**

Garnet Jewell

**Carol Donovan**

Sharon and Darrell Babcock

**Clark Dorland**

Marilyn Dorland

**Ray Driscoll**

Monica Driscoll

**Jayne Quehl Dumas**

Solberg Aggregate Co.

**Robert J. Edmeyer**

Esther Ohmann

Loretta Rahn

Ross and Patricia Butenhoff

**John Eger**

Rosann Vannelli

**Charles Elliott**

Patricia Elliott

John and Bonnie Rolig

**Lorna Elm**

Westwood Ridge Hearts & Flowers

**Graham Alex Elvgren**

Joseph E. Murphy

Doris Powers

Margaret Hubbs

**William Fastner**

E.O. Perl American Legion  
Post #512

Dorothy McArdle

**Florence Fitzgerald**

John and Ruth Bierbaum

**Gail Fortney**

Margaret Rolig

**Christina Fowler**

Regina Shank

Allen and Elsie Forsman

Monica Wahlin

**Bessie Fox**

Phyllis Schutz

**Catherine Frame**

AltaMae Frame

**Lillian Genereaux**

Willard and Helen Bonine

**Jean Gephart**

Elizabeth Schreiner

**Jerry Gerten**

Loretta Rahn

**Florence Giefer**

Larry and Karin Margolis

**Lois Ginkel**

Hanna Behrendt

Melvin and Joyce Boche

Marion Eaves

Patrick and Lois Gallagher

Alice Harrison

Lois King

Henriette Klingel-Johnsen

Joseph and Lillian La Rock

Thomas Mairs

Kathleen Michael

John and Joy Raddatz

Robert and Mary Schulze

Barbara Sterner

Muriel Thomsen

Edward and Julie Titcomb

**Rose Ginnaty**

Anne Weirick

**Gloria Gipple**

Joyce L. Goodell

Delores A. Tvedt

**Raymond and Gloria Gipple**

The Family of Raymond and

Gloria Gipple

**Margaret Glassing**

Susanne Glassing

**Eugene "Gino" Grasz**

Geraldine Grasz

**Gretchen Griffin**

Adeline Alsip

Don and Donna Anderson

Gary and Karen Bergren

Harriet J. Bierman

Arleen Boyd

Bill and Corinne Brengman

Patricia Dunlop

Dorothy Eckhart

Nellie Fischer

Alfred and Roxanne Graupman

Garnet Jewell

Lawrence and Joan Johnson

Jean Kandt

Diane Kemp

Jack Kennelly, Jr.

Elaine Kessler

Larry and Karin Margolis

Mildred McAdams

James and Donna Nelson

Catherine Nyberg

Eleanor Peterson

Barbara Roessler

Lloyd and Vi Sachs

Schmitz & Schmidt, P.A.

Steven and Carol Stember

Gordon and Eleanor Stephens

Robert and Gwen Toborg

**Ed Grimm**

Mary Jones

**Lorraine Gruber**

Eagle Ridge Place Tenants Assn.

Betty Gauger

**George Gubash**

Sarah Gubash

**George Hamilton**

William and Arlene Lindberg

**Agnes Hauch**

Delores A. Tvedt

**Ben Hecht**

Sylvia Neumann

**Mary Helm**

Royal and Lillian Sletten

**Marvin E. Heuer**

William Ebert

**Jack Hill**

Joyce Goodell

**Margaret B. Hilpisch**

Margaret Rolig

**Janice Hinderks**

Robert and Sylvia Scheerer

**John V. Hoene**

Keith and Bette Hammett

**Scott Holt**

Wendell and Jeanne Buckley

**Katherine and Tom Janssen**

George Janssen

**The Jerikovskoy Family**

Bob and Bev Jerikovskoy

**Leon Jewell**

Garnet Jewell

**Irving Johnson**

Raymond and Lucille Tousignant

**Martha Johnson-Thomsen**

Harold and Margaret Johnson

Earl and Karen Krueger

Gladys Schuno

**Baby Boy Kandt**

Fred and Bernice Glassing

**Myron Kandt**

Fred and Bernice Glassing

**Alice Kane**

Imogene Hanson

**Jane Kappel**

Clarence Krech

**Adelaide (Choate) Keiper**

Fred and Shirley Apfelbacher

**John and Margaret Kennelly**

John P. Kennelly, Jr.

**John Kent**

Hazel Kalmoe

**Brad King**

Elizabeth Schreiner

**Mary Kissel**

Kenneth T. Fitzgerald

**Marian Knott**

Tom and Susan Trudeau

**Mollie Knudson**

Nadine Bohrer

Mr. and Mrs. Forrest Laffin

**John Richard Krause**

Elizabeth Schreiner

**Ethel "Bonnie" Kriz**

Robert and Georgene Beales

Craig B. and Mary K. Kaul

Missie R. Stone

Rob Stone

Missie Ann Walker

**Bonnie and James J. Kriz**

Charlotte Gautschi

**Orville Kuehl**

Eleanor Kuehl

**Gordon Larson**

Marcella Frampton

Gloria Holmes

Roger and Shirley Rodgers

**Jordan H. Larson**

Earl and Karen Krueger

**Rose Lawrence**

Robert and Sylvia Scheerer

**Helen Leibl**

Gladys Blaesser

Royal and Dorothy Bruce

**Roger R. Lenzmeier**

Estate of Roger R. Lenzmeier

**Mae Lindberg**

Jerome and Marilyn Countryman

**Donna June Lindstrom**

Phyllis M. Bartz

**Fred Linkert**

Helen Linkert

**Reinhart Linkert**

Arthur and Delma Jennrich

The Family of Reinhart Linkert,

c/o Martha Sherman

**Barbara Loch**

James and Jane Peterson

Gladys Luetho

**Bernard Lothenbach**

Alvina Lothenbach

**Margaret Ann Lund**

Margaret Lund

Mark Lund

Robert Lund

Mary Swedin

**Eleanor Lyons**

Warren and Margaret Schlukebieer

**B. J. Macklin**

Ken and Mary Jones

**Robert Manley**

Helen Manley

**Margery Marchessault**

Eagle Ridge Place Tenants Assn.

**Dora McCollister**

Robert and Virginia Strauch

**Frank McDonough**

Laura Scholz

**Lorraine McGivern**

Airport Police Federation

Clifford and Marie Bair

Debra Bair

Margaret Owens

Dwayne and Kathleen White

**Willard F. Meyer**

Gertrude A. Meyer

**Marcel Miels**

Tom and Susan Trudeau

**Gloria Milon**

Bill Milon  
Mary Ann Mielke

**Girard F. Minea**

Kathleen Minea

**Rose Moehrle**

Ben and Rosemary Scheerer, Jr.  
Robert and Sylvia Scheerer  
Tom and Susan Trudeau  
James and Bettie Scheerer

**Edwin Moeller**

Lucille Fischer

**Evelyn Multz**

Charlotte Gautschi

**Barbara Neeb**

Lorraine Rolf

**Donald L. Nelson**

Dean and Dorothy Eckhart  
Garnet Jewell

**Bruce Paine**

Ethel Shields

**Delmer Pawlenty**

The Family of Delmer Pawlenty  
c/o Mary Pawlenty

**Marge Pellegrino**

Eagle Ridge Place Tenants Assn.

**Mildred Pinke**

Wendell and Jeanne Buckley

**Joe Pischel**

Jim and Pat Fritsche

**Neoma Plitzkow**

Thomas Mairs

**Charles Poechmann**

Allen and Elsie Forsman  
Dolores Piermantier

**Albert Price**

Louise Eggleton

**George E. Quinn**

Dr. Hugo Schroeckenstein

**Delores Radabaugh**

Gladys Blaeser

**Margaret G. Rehpohl**

Willard Rehpohl

**Arthur Reichstadt**

Earl and Karen Krueger

**Doris Rhodes**

Lyall and Claire Devereaux  
Walter and Marvel Gretsfield

**Robert Ridder**

Tom and Betty Garrett  
Jean Pierson

**Charles Roechmann**

Allen and Elsie Forsman

**Viola Rohlf**

Earl and Karen Krueger  
Arthur and Frieda Reichstadt  
Gladys Schuno

**Lila Juenke Schmidtke**

Dave and Kris Akin  
Emily C. Olson  
Jerald and Kari Olson  
Margaret Olson  
Arlene B. Schmidtke  
Diane Schmidtke  
David W. Schmidtke  
Fred and Dorothy Schmidtke  
Lyle and Peggy Schmidtke  
Karla Shirley  
Pearl R. Shirley  
Alberto and Jodi Zenti  
Other friends and relatives

**Frances Schrader**

James and Karen Taylor

**Audrey Schwark**

Alvina Lothenbach

**Mary Ann Schwartz**

Eleanor Peterson

**Don Scott**

Carol and Dale Scott

**Vera B. Scott**

Bill and Edie Lancaster

**Frank J. Seidl, Jr.**

Thomas Mairs

**Earl Seldon**

Nancy Field  
Martha Harriman Foote  
Walter L. Mayo  
Katharine Roe  
Edward and Julie Titcomb

**Mirella Simones**

James and Barbara Folden

**Bette Simonson**

Donald and Mary Clifford  
Grace Christian Reformed Church  
Lorraine Rolf

**Norman Smythe**

Kathleen Kaufmann

**Andrew Solos**

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Duane and Kathleen Bodsberg  
Joyce L. Goodell  
Steven and Linda Jaeger  
L.W. and Marie Joel  
Charles and Valerie Jones  
Dorothea M. Leonard  
John and Elizabeth Manning  
Luther and Ruth Peterson  
John and Joan Reinertson  
Roger and Shirley Rodgers  
Mary and David Schimpf  
Roger and Verna Schwagmeyer  
Mark and Bonnie Solos  
Willard and Eleanor Sunday

**Leola Stallings**

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Ethel Shields

**Arthur Stokes**

Sylvia Neumann

**Ardis Substad**

John and Barbara Hanson

**Charlotte Tacke**

Rowena Guderian  
Hilda R. Huseby

**Irene Taft**

Fred A. Taft

**Delores Tatro**

Eunice Michaelson

**Elwood Thomas**

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The Toro Company  
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The Roger Carpenter Family  
The Fred Carpenter Family  
The Jay Carpenter Family  
The Janice & Michael Close Family

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Evelyn McClung

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**Lyle and Beatrice Uecker**

Robert and Lois Kroll

**Marie Vickers**

Royal and Dorothy Bruce  
Bud and Virginia Griffin

**Lenora Volkert**

Fred and Bernice Glassing

**Myrna Von Ripper**

Loretta Johnson

**Andrew "Andy" Waldhauser, Jr.**

Willmar and Polly Ott

**Mary H. Waldo**

Helen M. Waldo

**Theresa Warnecke**

Jeannette Krech

**Arthur Whaley**

Royal and Dorothy Bruce

**Sally Willette**

Marion Votel

**Andrew Yackly**

LaVerne Yackly

**Frank and Martha Zeug**

Annette Roberts

**In Memory of Members We Have Lost**

West St. Paul Senior Citizens Club

**In Honor of Louis and Dennis Briguet**

Alvene Briguet

**In Honor of Mary Sauber**

Tom and Georgie Molitor

**In Honor of Henry Schwalm**

Audrey Endresen

**In Honor of Harry and Clarette Wahlen**

Thomas and Jacqueline Wahlen

**Happy75th Birthday to Bunny Sieleni**

Fred and Bernice Glassing

**Happy80th Birthday to Delores Meehan**

Paul and Margaret Desch

**Happy 100th Birthday to Viola Hiniker**

Jan Needham

**Happy82nd Birthday to Katherine Beyer**

Art and Karleen Schletty

**Happy 80th Birthday to Millie Gignac**

John and Kathleen LeMay

Marion Votel

**Merry Christmas to Bill and Katherine Beyer**

Phil and Mary Agee

**Merry Christmas to Bill Lancaster**

Marilyn Lancaster

**Merry Christmas to Dennis and Liz Ojanpera**

Bertha E. Ojanpera

**Happy 40th Anniversary to Judie and Tom Meisinger**

James and Judith Snyder

**Happy 40th Anniversary to Clarence and Wanda Pechous**

Jim and Joann Newell

**Happy 50th Anniversary to George and Libby Francour**

Karol Morton

**Happy 50th Anniversary to Dick and Marilyn Rediske**

Paul and Margaret Desch

**Happy 57th Anniversary to Gordon and Rosemary Maltby**

Fred and Bernice Glassing

**Happy 60th Wedding Anniversary to Fred and Bernice Glassing**

Larry and Virginia Amelse

Marie Baron

Mr. and Mrs. Harold Bergquist

Bill and Katherine Beyer

Lorraine Birkeland

Milton and Geri Blumenfeld

James and Jayne Bradshaw

Jerry and Donna Brudeseth

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Roxie De Long

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Hermia Doran

Clare Edwardson

Marcellaine Ellis

Lucille Elvers

Grace English

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Skip and Judith Felton

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First Federal fsb

Diego and Kelly Garcia

Gerald Glassing

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Iantha LeVander

Dick and Marilyn Lidholm

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Debi Willenburg

Charles and Fern Woodward

Holly Zaun

Arleda M. Zyla



*She was also  
the best  
friend and  
the best  
company you  
could  
ever find.*

## Martha Perlt – Her Legacy

By Jan Needham, Major Gifts Officer

In past years, the ladies from Clark United Church of Christ would gather at DARTS this time of year to begin working on a quilt – the quilt would be raffled as part of year-end festivities. Martha Perlt was a long-time member of this quilting group. She was as skilled with her needle and thread as she was at playing the piano. Music was very important to Martha. She had great stories about playing in dance bands, singing in her choir, and giving music lessons to kids. She was also the best friend and the best company you could ever find.

Martha first became involved with DARTS when she was caring for her husband, Harland. When he needed to be in a wheelchair, she used the DARTS bus to get him places. She became fast friends with drivers and dispatchers. When it was time for Martha to stop driving, she decided that the DARTS bus would be her means of getting around. She made a \$5,000 gift to DARTS each year, saying, “that’s what a car would cost me, so I’ll give it to DARTS to help lots of people get around.”

In 1985 Martha told DARTS that she was including us in her will. We had no idea how we were being included and what it might mean to DARTS. When she died last December, her estate included \$2 million for selected charities – DARTS was honored to be one. We received a gift of \$500,000, which will be added to our endowment. Earnings from her gift will be used in a very deliberate way to honor her generous and loving spirit. We’ll be able to imagine Martha’s smile and know we’re doing what she would have wanted.

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I would be pleased to talk with you about the many ways you can contribute to DARTS for a better future – and ensure your place among those who can say “I was here . . . my life was important . . . I made a difference.” Call me anytime at 651/453-9009.